

“Pray a Minute” – One Million Hours of Prayer for Peace, Justice and Goodwill

As we all know, the world can feel heavy these days. News headlines are filled with injustices and unrest. It seems as though everywhere we turn we find division and disharmony. These are issues for which there is no simple government fix. It can only be solved by conversion of hearts, with God’s help through prayer. That is why the Pastoral Center of the archdiocese is launching the “Pray a Minute” campaign to encourage prayer for the spiritual renewal of our archdiocese and country.

From August 1 through January 1, the World Day of Prayer for Peace, Catholics across the archdiocese will be invited to pray just **one minute** more than they already do, every day, for the specific intention of peace, justice and goodwill in our country. If every Catholic in the archdiocese were to do this, it will collectively amount to more than **one million hours of prayer**. Individuals are, of course, welcome to dedicate more than one minute of prayer per day if they so choose. Folks can join in this prayer movement at any time – it is never too late.